

June 2019

Coming up at
It Takes a Village



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 <i>MEMORIAL DAY</i> <i>No Moms with Mugs</i>	28 <i>Village Closet 11am-2pm</i> <i>Caregiver and Baby Yoga 11am-12pm</i>	29 <i>Wednesday Parents Group (Cummington) 10-11:30am</i>	30	31	1 Village Closet 11am-2pm Saturday Parents Group (Cummington) 11am-12:30pm
2 “Is it my business? A Community Response to Domestic Violence” (Hadley) 1-4:30pm	3 Moms with Mugs (Ashfield) 10-11:30am	4 Village Closet 11am-2pm Caregiver and Baby Yoga 11am-12pm	5 Wednesday Parents Group (Cummington) 10-11:30am	6	7	8
9	10 Moms with Mugs (Ashfield) 10-11:30am	11 Village Closet 11am-2pm Caregiver and Baby Yoga 11am-12pm	12 Wednesday Parents Group (Cummington) 10-11:30am	13	14	15 Village Closet 11am-2pm
16 FATHERS DAY 	17 Moms with Mugs (Ashfield) 10-11:30am Mindful Parenting 6-7:15pm	18 Village Closet 11am-2pm Caregiver and Baby Yoga 11am-12pm	19 VILLAGE DAY!  Wednesday Parents Group (Cummington) 10-11:30am	20 Mom's Night Out at the Village Closet 5:30-8pm	21 SUMMER SOLSTICE 	22
23	24 Summer Playground Meet-Up (Ashfield) 10-11:30am	25 Village Closet 11am-2pm	26 Summer Playground Meetup (Cummington) 10-11:30am	27	28	29
30	1 <i>Summer Family Meetup (Ashfield) 10-11:30am</i>	2 <i>Village Closet 11am-2pm</i>	3 <i>Summer Family Meetup (Cummington) 10-11:30am</i>	4 INDEPENDENCE DAY	5	6 <i>Village Closet 11am-2pm</i> <i>Saturday Parents Group (Cummington) 11am-12:30pm</i>

All our groups are free to all members of the community.

Ongoing Groups and Classes

Spring Schedule

All groups are free, and childcare is available

Moms with Mugs

Come take a coffee (or tea) break with other local mamas. Sip and share in this casual, drop-in group. Coffee, tea, and refreshments are provided, as well as childcare so moms can relax and chat.

Every Monday (last regular meeting: 6/17)

10:00am-11:30am

469 Main Street, Ashfield

Caregiver and Baby Yoga

A space for babies and those taking care of them to breathe, stretch, and explore movement in their bodies.

Free, all levels welcome, babies and pre-walkers.

Every Tuesday (last meeting: 6/18)

11:00am-12:00pm

Sunflower Yoga and Mindfulness

2 Main Street, Cummington

Wednesday Parents Group

We welcome all parents and caregivers to join us for coffee and conversation. This is a loosely structured group - it's fine to come in late, leave early or come in and out to tend to children. Come share the good, the bad, and the ugly of raising children from infancy to adulthood! This group is led by a local mother with experience in mental health care, the LGBTQIA+ community, and raising children with special needs.

Free and open to the public with free childcare. Babies are welcome to stay with parents in the group too.

Every Wednesday (last regular meeting: 6/19)

10:00am-11:30am

2 Main Street, Cummington

Saturday Parents Group

We welcome all parents and caregivers to join us for coffee, snacks and relaxation on the 1st Saturday of every month! We will have free childcare down the hall so you can enjoy some down time or social time in the library with other grownups! Babies are welcome to stay with their parents or enjoy childcare!

1st Saturday of the month (through the summer)

11:00am-12:30pm

2 Main Street, Cummington

Mindful Parenting

Caregivers often find themselves on the brink of burnout; experiencing irritability, stress, and fatigue. This free drop-in group will explore ways to replenish the inner well and nourish the mind. Free childcare provided.

3rd Monday of the month (last meeting: 6/17)

6:00pm-7:30pm

Sunflower Yoga and Mindfulness

2 Main Street, Cummington

Hilltown Summer Family Meet-Ups

Join other families with babies and children of all ages for casual playground meet-ups this summer. Meet, connect and build community. Feel free to bring bubbles, hoola hoops, beach balls, or snacks to share if the inspiration strikes! (check in with our It Takes a Village Facebook page for weather cancellations)

Mondays 6/24—8/26

10:00am-11:30am

"The Field"

48 Buckland Road,
Ashfield

Wednesdays 6/26—8/21

10:00am-11:30am

Berkshire Trail School
Playground (in the back)
2 Main Street, Cummington

Special Events!

Is it my business? A Community Response to Domestic Violence

Sunday, June 2nd

1:00—4:30pm (registration begins at 12:30)

Whole Children

41 Russell Street, Hadley, MA

What do you do if you think your neighbor is experiencing domestic violence? Do you intervene? Do you ignore it? Safe Passage will lead a discussion on the responsibilities of neighbors, co-workers, and local leaders in stopping abuse. This workshop is for neighbors, friends, family, business owners, doulas, care providers, churches, volunteers, and other service providers - everyone in the community should know what to do to prevent violence in our community. Free childcare will be provided. Please RSVP your child(ren) by visiting www.hilltownvillage.org

Village Day!

Wednesday, June 18

All day!



You might celebrate Mother's Day. You might celebrate Father's Day. But we can all celebrate Village Day. Celebrate your Village and support our Village by **making a gift to It Takes a Village** on Wednesday June 18. Learn more or give now at www.hilltownvillage.org/VillageDay

The Village Closet

2 Main Street, Cummington

Open every Tuesday, 11:00am-2:00pm

The 1st and 3rd Saturdays of the month

11:00am-2:00pm

Special Mom's Night Out hours

Thursday, June 20, 5:30pm-8:00pm

Mark Your Calendars

July 27

It Takes a Village 10th Birthday party!!!