

December 2018

Coming up at
It Takes a Village



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26 Moms with Mugs (Ashfield) 10-11:30am	27 Village Closet 11am-2pm Caregiver and Baby Yoga 11am-12pm	28 Parent Cafe (Cummington) 10-11:30am	29 Mom's Night Out at the Village Closet 5:30-8pm	30	1 Village Closet 11am-2pm
2 HANUKKAH BEGINS 	3 Moms with Mugs (Ashfield) 10-11:30am	4 Village Closet 11am-2pm Caregiver and Baby Yoga 11am-12pm	5 LGBTQIA+ Parents (Cummington) 10-11:30am	6	7	8
9	10 Moms with Mugs (Ashfield) 10-11:30am	11 Village Closet 11am-2pm Caregiver and Baby Yoga 11am-12pm	12 Parent Café (Cummington) 10-11:30am	13	14	15 Village Closet 11am-2pm
16	17 Moms with Mugs (Ashfield) 10-11:30am Mindful Parenting 6-7:15pm	18 Village Closet 11am-2pm Caregiver and Baby Yoga 11am-12pm	19 Caregivers of Children on the Autism Spectrum (Cummington) 10-11:30am	20 Mom's Night Out at the Village Closet 5:30-8pm	21 WINTER SOLSTICE 	22
23	24 NO MOMS WITH MUGS	25 CHRISTMAS DAY  VILLAGE CLOSET CLOSED NO CAREGIVER AND BABY YOGA	26 KWANZAA BEGINS  NO PARENT CAFÉ	27	28	29
30	31 NEW YEAR'EVE  NO MOMS WITH MUGS	1 NEW YEAR'S DAY VILLAGE CLOSET CLOSED NO CAREGIVER AND BABY YOGA	2 Parent Café (Cummington) 10-11:30am	3	4	5 Village Closet 11am-2pm

Ongoing Groups and Classes (Fall Schedule)

All groups are free, and childcare is available

Moms with Mugs

Come take a coffee (or tea) break with other local mamas. Sip and share in this casual, drop-in group. Coffee, tea, and refreshments are provided, as well as childcare so moms can relax and chat.

Every Monday (no group 12/24 or 12/31)

10:00am-11:30am

469 Main Street, Ashfield

Parent Café

This casual group allows any parent or caregiver to take a break and share a coffee with a new friend.

2nd and 4th Wednesdays (no group 12/26)

10:00am-11:30am

2 Main Street, Cummington

LGBTQIA+ Parents

A chance for parents who identify anywhere on the LGBTQIA+ spectrum to gather for coffee, conversation and resource exchange! Free and open to all! Free childcare on site while parents enjoy adult conversation or your babies can hang out with you! Peer facilitated by a community member (Kat Pangborn).

1st Wednesdays

10:00am-11:30am

2 Main Street, Cummington

Caregivers of Children on The Autism Spectrum

A casual group for parents, grandparents and caregivers of children on the autism spectrum to take a break and share the "good, the bad and the ugly!"

3rd Wednesdays

10:00am-11:30am

2 Main Street, Cummington

Mindful Parenting

Caregivers often find themselves on the brink of burnout; experiencing irritability, stress, and fatigue. This free drop-in group will explore ways to replenish the inner well and nourish the mind. Free childcare provided.

3rd Monday of the month

6:00pm-7:30pm

Sunflower Yoga and Mindfulness

2 Main Street, Cummington

Caregiver and Baby Yoga

A space for babies and those taking care of them to breathe, stretch, and explore movement in their bodies. Free, all levels welcome, babies and pre-walkers.

Every Tuesday (No Classe 12/25 or 1/1)

11:00am-12:00pm

Sunflower Yoga and Mindfulness

2 Main Street, Cummington

Special Events!

December 2018

The Village Closet

Our donation and distribution site is full of free baby, children's, and maternity clothing and gear. All items are free to anyone in the community, and we take donations of clean clothes and non-expired baby gear. For more information, you can visit

www.hilltownvillage.org/closet

2 Main Street, Cummington

Open every Tuesday, 11:00am-2:00pm

(CLOSED 12/25 and 12/31)

The 1st and 3rd Saturdays of the month

11:00am-2:00pm

Special Mom's Night Out hours

Thursday, December 27, 5:30pm-8:00pm



Now that winter weather is upon us, please double-check our Facebook page and website to make sure groups are happening and the Village Closet is open before heading out.

The Village Closet and the Cummington parent groups run on the *Hampshire Regional School District* calendar, and the Ashfield group runs on the *Mohawk Regional School District* calendar. If those schools are delayed or closed due to weather, we probably are too. School closings and delays can be found at:

<https://www.wvlp.com/weather/closings-delays>

VOLUNTEERS NEEDED

Would you like to help out at It Takes a Village?

We are always looking for volunteers for our
Home Visit Program
and for **The Village Closet**.

Visit www.HilltownVillage.org
for more information.

It Takes a Village

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